

Freedom Recovery Training

This course is the response to the overwhelming need in our society and churches for healing and recovery. We must learn to bring psychological needs under the power of the cross.

All around us, in our churches and in the community, we are seeing good people trapped in self destructive patterns, hidden temptations, negative emotions, self centeredness, addictions to alcohol and sexual experiences, destructive and dependant relationships, a losing battle with depression , self hatred, guilt and shame, fear and anxiety, resentment and bitterness and so the list goes on....

Struggles like these are increasing as marriages, families and moral foundations disintegrate in the world around us. We need to understand and be prepared for the surge of hurting and struggling people in our churches.

Course Description

Designed to train and develop ministers to provide intense pastoral care and recovery for hurting, broken and dysfunctional people.

Course Outline

The course contains 4 major components

I. A Biblical Approach to Brokenness and Recovery

This provides a biblical and spiritual view point of emotional and psychological struggles and the healing process.

- *Foundational Brokenness* - To understand the seasons of destruction and its effects, and the journey of recovery and freedom.
- *Relational Brokenness* - To show how the hurts of the past destroy our ability to build, maintain and enjoy meaningful relationships.
- *Gender Restoration* - To study the biblical foundation of manhood and womanhood and how then to restore them from a state of fallenness to their true image in Christ.
- *Identity Restoration* – To recognise and renounce unreal identities including confusion in gender and sexual identity. To see the Christ identity restored and embraced.

II. Spiritual Formation

Focuses on the personal development of the recovery minister; and how they need to be shaped by the Spirit into the likeness of Christ;

- *Kingdom Reality* - To be established in Jesus and His kingdom rule, that they may have the capacity to receive and impart Christ's life and love.
- *Christ Formations* - To learn to connect with God's transforming power and grace, and allow God to use all our experiences, good and bad, to reflect the joy and peace of Christ.
- *Meditation* - To develop a practise to meditate on the word of God, through contemplation; allowing the word of God to be formed in you.
- *Practise the Presence of God* - To practise the presence of God, developing the capacity to draw near to Him in all seasons of life, and then to minister to others from that place.

III. Recovery Theology

To study the theological basis for recovery and inner healing, allowing you to effectively bring a true and holistic approach to this ministry.

- *The Person of Christ* – to demonstrate a full understanding of the deity and humanity of Christ and its implications for our Christian faith.
- *The Work of God* - to explain the biblical teaching about Gods plan, and the implications of the doctrine of creation and providence.
- *Doctrine of Humanity* - that we are created in the image of God and the implications as such for us as a body, soul and spirit.
- *Salvation* - all aspects of salvation; including calling, conversion, regeneration, and union with Christ, justification, adoption, sanctification and glorification.
- *The Work of the Holy Spirit* - the nature of the Holy Spirit, and the work of the Holy Spirit in the life of Jesus and in the Christian.

IV. Recovery Processes

Designed to impart, practise and develop spiritual processes that will lead the hurting into the tangible presence of God and to experience healing encounters. These include;

- *Healing the Broken Hearted* - ministry to those who have been hurt, rejected and abused.
- *Restoring a Crushed Spirit* - seeing a desire and motivation to embrace and celebrate the life we have in Christ.
- *Trauma Recovery* - to unlock the memory and bring healing to traumatic experiences.
- *Breaking spiritual bondages* - learning to discern and recognise demonic influence and strategies, taking authority and breaking their hold.

- *Recovery to the Spiritually Abused* - learning to recognise and break the grip of spiritual enslavement and the manipulative hold of abusive leaders of churches and cults.
- *Forgiveness Therapy* - guiding a person through the initial steps to start the forgiveness process and then to encounter the benefits of a life of forgiveness.

Dates:

Each unit will run for 8 weeks on a Tuesday night from 7.00 – 9.00pm.

Each unit will be comprised of a mix of the four listed components; focusing on different aspects of recovery.

Feb 9 – March 30

April 20 – June 15

Aug 3 – Sept 21

Oct 12 – Nov 30

Venue:

Kingdom City Church (formerly Lakes City Church)

11 Finlay Place Wangara

Cost:

\$400.00 per unit (a \$50.00 weekly part payment can be arranged) - includes teaching and personal ongoing mentoring.

To register

Please contact:

“The Freedom Journey”

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Speaker: Mervin Jayaseela



Mervin Jayaseela has been involved in church planting, biblical teaching, pastoral care and recovery ministries for the last 30 years in Malaysia, India and Australia.

Having walked a personal journey from brokenness to recovery, Mervin now has a great passion to see others experience God's healing and restoration. This passion, combined with a prophetic teaching gift has seen many hundreds of hurting people encounter the life changing Presence of God to put them on a journey to healing and wholeness.

In 2008 Mervin gave up a senior ministry position he had held for the previous ten years to begin a more specific ministry of recovery and deep inner healing. His primary focus has been one of ministry to the individual; helping people break free from destructive life patterns and mentoring them into a close and intimate relationship with Christ. Despite working at maximum capacity, the needs continue to be overwhelming in both our churches and communities. It is the urgent need for this type of ministry that has led to the development of this course.

Having spent many years as a Bible College Principal and lecturer; Mervin has drawn on this experience to create a course that combines a richness of biblical content with practical application. Holding a Degree in Biblical Studies and a Certificate IV in Workplace Training; Mervin is well qualified to equip those keen to develop their knowledge and skills in this area.

Mervin is married to Leanne, has two teenage sons, Jesse and Kyle, and lives in the northern suburbs of Perth in Western Australia.